

More healthy lifestyle campaigns in the offing for Penampang

PENAMPANG: More campaigns on healthy lifestyle will be held at this district in the near future.

Assistant minister to the Chief Minister, Datuk Edward Khoo told reporters at the MCA Penampang division and that they are collaborating with the Rafflesia Medical Centre to conduct more of such campaigns at different parts of the district.

Yesterday, they organized the campaign dubbed 'Healthy Lifestyle Campaign cum Free Health Screening' at Lido, near here.

The next campaign will be held in Donggongon this May 2.

"They plan to do such campaigns at different venues... it is to answer the

call of the Health Ministry to create more awareness on preventive measures and healthy living lifestyle," said Khoo, who is also Sabah MCA Liaison Chief.

Meanwhile, MCA Penampang chairman for Community Welfare and Medical Bureau, Dr Roland Chia told reporters that the Health Minister himself, Datuk Seri Chua Soi Lek, mooted the healthy lifestyle campaign.

He added that the 9MP also stressed the importance of countering diseases through healthy lifestyle.

"A lot of money could be saved when one advocates healthy lifestyle in their daily life," he said.

He added that they hope

to conduct such event on a periodic basis and hold it in various places in Penampang.

At the same time, he also hoped more Non Government Organisations (NGOs) and drug companies would come forward to help with the cause.

"With their assistance we can provide more free services for the public," he said.

He also said that the Healthy Lifestyle division's secretariat of MCA Penampang is located at the Rafflesia Medical Centre. — *Jenne Lajun*



Edward (6th from right, standing) looking at the screening process